

Song/Worship & the Body/Worship

Song

A GOOD WORSHIP SONG:

1. Good Lyrics and easy to sing for the body.
2. Doesn't need to be perfectly biblically structured.
3. Two general types of worship songs
 - a. Edification and identification
 - b. Pure life-giving – spiritual tithe to God.

Q: Why do we pray out loud corporately to be heard when Jesus said to pray privately in the sermon on the mount?

A: So that we can come in to agreement as one in the prayer.

When we pray in this way it is for edification of the body and we pray to bring the body into agreement. Likewise; only pick or use words in songs as such.

We sing in the identity as sons...we don't need to sing about how we are sons. Singing about being sons is to bring people into awareness of being sons but is not the final purpose of worship. We worship as oneness. It is direct to Him as a body. Direct life to the Life Bringer.

LEARNING NEW SONGS

Resources

Best resource: Google search: [Name of song] [Artist] [Chords]

<https://tabs.ultimate-guitar.com>

<https://www.e-chords.com>

<http://www.worshipchords.net>

Practice

1. Listen to the song over and over and over again as you go about your day. Sing along without much thought – you can do other stuff. The goal is to get the song stuck in your head.
2. Focused singing/playing with the song (Practice should be focused in a place without too much interruption).
 - a. Establish melody
 - b. Establish fine nuances
 - c. Establish rhythm hook
3. Find key in vocal range and practice song in that key
4. Go back and sing/play with original song to reestablish melody, rhythm and other nuances.
5. Practice again in you key. Sing one phrase over and over and again until you got it (refer to original song as needed).

6. Best to practice in in two separate sessions to allow time for retention. Second time will reinforce what you learned as you have to relearn what you did.
7. Practice starting the new song.
 - a. Think of vocal or rhythm cues to start the song: Time signature. Opening instrument or guitar part. Hear it in your head.
 - b. Count out time signature and beats in you head with emphasis on the one beat **1,,,2...3...4.**
 - c. In you head add the the melody with the time signature and beats...you can use your hand to emphasize the beats.
 - d. Listen or play to a different song for a while and try starting the song you are practicing.
 - e. Don't practice or listen to the song for a day and practice starting the song.
8. Practice a minimum of 4-6 hours.

First time playing a new song with the team

1. Pick other songs in set that the team knows well or is simple to devote time to new song.
2. Keep song structure simple.
3. Could just play the best part of the song to introduce.
4. Don't focus on the details. Focus on rhythm and melody and developing the hook.

Vision – each worship leader has 20 songs in repertoire!!!

(Note: the worship team needs you to bring in new songs – this applies to none leaders and instrumentalists too – bring ideas to us).

Worship and the Body

1. The body considerations: Always consider the body first in worship
2. Freedom from structure and giving place to the Holy Spirit
3. How do you want to train the body and what do you want to give?
4. Awkwardness in stepping out and silence is ok
5. Set structure: edification => pure worship in unity

There are two areas of worship. Bringing edification, reminder of identity and then direct life to God. Bringing the body into identity usually happens first and the worship set should be structured accordingly.

Mixing it up (set dynamics)

1. Slow songs – fast songs
2. Drawn out songs with loose structure good for open worship
3. Some songs can be very structured and start/end quickly – best at the begging of set to wake people up.
4. Different lead instruments
5. One instrument to all instrument. Some songs could have just one instrument play.

Team dynamics

1. Establish rhythm
2. Team member listens for the hook and build on that. It's a feedback loop.
3. Always listen to other instruments and play with them
4. Don't play/sing if it does not enhance the song

5. Make every note count – this is more important than complexity
6. Let the drums or lead instrument (if no drums) keep the rhythm
7. The higher the intensity the simplicity and unity with drums is more important.
8. Don't play in practice when the leader is talking. Listen to the leader.
9. If you hear a hook or have an idea speak up but the leader has the final say.

Team leader responsibilities

1. Maintain unity and allow no strife
2. Make time for prayer and gather the team.
3. Set list and order. Provide music sheets printed out before practice
4. Provide songs and/or lyrics (in digital format) to the sound person before the start of practice – best in power point.
5. Communicate song structure and dynamics.
6. Establish lead instrument for each song.
7. Tell people when and not to play.
8. Give team feedback on what sounds good.
9. Allow practice time for establishing rhythm and vocal
10. Encourage and give chance for each team member to step out.
11. Allow place for the Holy Spirit.
12. Interact with the body.
13. The team leader does not need to lead every song vocally but does need to establish lead vocalist if not the leader.

Open worship!!!!

- Speaking to the body in worship
- Everyone in the team comes to give more than music

Worship and the Body (excerpts)

Both sound and light are waves that are characterized by frequency (time) and magnitude.

They look like sign waves with amplitude and time.

Light breaks physical laws. For a single sound there are multiple waves combined with to make a unit tone even though the pitch is the same.

Q: If time stopped could we see?

A: No, sight is defined by time. We cannot see without time because our perception of light is characterized by the frequency of time steps between light waves.

The same goes for sound. We can't hear without time.

We worship in spirit and in truth. In heaven we are outside of time. How can worship exist without time since there would be no sound? Then how is worship in heaven? What is heavenly worship. We can't understand this with our own senses since they are framed in time.

Everything in heaven will be life giving.

Q:What will worship be like?

Q: What is heavenly worship then?

A: Everything: Praaaaaaaaise...God!!! (Michael)

Praying in the spirit and playing in the spirit.

Q: Can a mute person speak the Word? Can a mute person worship?

A: Of course.

Furthermore, we can only perceive a small frequency band in the sound and light spectrum – just speaking about our physical bodies.

Our outward experience is not a measure of spiritual worship

Renewing our minds and letting go of past memories of worship/music (worship team prayer for this)